



































































































































































	Monday 21-Jan	Tuesday 22-Jan	Wednesday 23-Jan	Thursday 24-Jan	Friday 25-Jan	Saturday 26-Jan	Sunday 27-Jan
	 Cage Free Scramble  Sausage Links  Old Fashioned Potatoes  French Toast Sticks Yogurt Bar/ Toppings/ Granola Danish/ Scones & Muffins Breakfast Cereal/ Donuts Belgian Waffle Bar	 Cage Free Scramble  Crispy Bacon  Shredded Hash Browns  Multi Grain Banana Cakes Yogurt Bar/ Toppings/ Granola Danish/ Scones & Muffins Breakfast Cereal/ Donuts Belgian Waffle Bar	 Cage Free Scramble Sausage Patties Ham Steak  Breakfast Potato Patties  Waffle Sticks Yogurt Bar/ Toppings/ Granola Danish/ Scones & Muffins Breakfast Cereal/ Donuts Belgian Waffle Bar	 Cage Free Scramble Canadian Bacon Country Links  Crispy Cubes  Raspberry French Toast Yogurt Bar/ Toppings/ Granola Danish/ Scones & Muffins Breakfast Cereal/ Donuts Belgian Waffle Bar	 Cage Free Scramble Sausage Links  Turkey Bacon  Lyonnaise Potatoes  Blueberry Pancakes Yogurt Bar/ Toppings/ Granola Danish/ Scones & Muffins Breakfast Cereal/ Donuts Belgian Waffle Bar	 Cage Free Scramble  Smoked Slab Bacon  Tri Taters  Cinnamon Toast Egg Casserole Yogurt Bar/ Toppings/ Granola Danish/ Scones & Muffins Breakfast Cereal/ Donuts Belgian Waffle Bar	 Cage Free Scramble Country Patties  Potatoes w/ Peppers  French Toast Yogurt Bar/ Toppings/ Granola Danish/ Scones & Muffins Breakfast Cereal/ Donuts Belgian Waffle Bar
	  Metz Core Bowl A mix of fresh Grains, Greens, toppings tossed to order	NYC Sandwich Carved Pastrami, Rye Bread, Swiss Cheese, 1000 island, Pickles	Slider Station Meatball Sliders	Philly Favorites Hot Pork and Broccoli Rabe, Provolone Sub	 Southern Favorites Mac and Cheese Station Bacon, tomato, Vegetables	Omelets to order 11-12:30	Omelets to order 11-12:30
	American Favorites Chili Hot Dogs, Chicago Style Toppings, Sweet and Sour Slaw	Gluten Free Tuesday Marinated Chicken and Fresh Vegetable Saute	From the World Wednesday German Bratwurst Braised Red Cabbage/Apples	Philly Favorites Soft Pretzels and Cheese, Nachos Toppings	Fried Fish Tacos Hushpuppies Southern Potato Salad, Toppings		
	Turkey Americana	 Peanut Butter Banana On Wheatberry	Chicken Caesar Wrap	 Avocado Vegetable Sliders	Cucumber Wasabi Tuna Croissant	Deli at Salad Bar	Deli at Salad Bar
	French Onion Beef Sandwich   Vegetable and Tofu Korma   Basmati Rice   Mixed Vegetables	 Crispy Orange Pork   Yu-Shiang Eggplant   Brown Rice and Cabbage   Ginger Carrots and Snow Pea	 Kentucky Hot Brown Sandwich   Vegetable and Swiss Frittata   Garlic Herb Sliced Potatoes   Corn Succotash	 Grilled Chicken Parmesan   Zucchini Parmesan Casserole   Roasted Potatoes   Cauliflower and Broccoli	 Beef Barbacoa w/ Tortillas   Sweet Potato and Corn Fritters   Cilantro Rice   Greens and Carrot Saute	Follow Breakfast	Follow Breakfast
	  Cheese Pizza Broccoli and Swiss  Pasta Station with Marinara and Vegetable Rossini Sauce	 Cheese Pizza Stromboli  Pasta Station with Marinara and Vegetable Rossini Sauce	 Cheese Pizza Pepperoni Pizza  Pasta Station with Marinara and Vegetable Rossini Sauce	 Cheese Pizza Mushroom and Onion  Pasta Station with Marinara and Vegetable Rossini Sauce	 Cheese Pizza Broccoli Tomato  Pasta Station with Marinara and Vegetable Rossini Sauce	 Cheese Pizza Breakfast Pizza  Pasta Station with Marinara and Vegetable Rossini Sauce	 Cheese Pizza Breakfast Pizza  Pasta Station with Marinara and Vegetable Rossini Sauce
	Buffalo Chicken Hoagie  All Beef Hamburger  Shoestring French Fries  BYO Grilled Cheese	Bacon Cheeseburger  Hot Dogs  Shoestring French Fries  BYO Grilled Cheese	BBQ Rubbed Turkey Burger  All Beef Hamburger  Skin on Fries  BYO Grilled Cheese	From Philly!  Cheesesteaks and Hamburgers  Shoestring French Fries  BYO Grilled Cheese	Marinated Chicken Breast  All Beef Hamburger  French Fries  BYO Grilled Cheese	Chicken Cheesesteak  All Beef Hamburgers  French Fries  BYO Grilled Cheese	Chicken Patty Sandwich  All Beef Hamburgers  French Fries  BYO Grilled Cheese
	  Guacamole and Chips  Tuna Noodle Salad  Cucumber Tomato Salad  Beans and Grain Salad	  Asian Hummus   Antipasto Salad  Tuna Noodle Salad  Mediterranean Farro Salad	  Tomato Basil Bruschetta   Fresh Fruit   Parmesan Broccoli Shells  Mediterranean Farro Salad	  Olive Hummus   Orange Segments   Parmesan Broccoli Shells   Marinated Potato Salad	  Curtido   Marinated Artichokes   Macaroni Egg Salad   Marinated Potato Salad	 Grain Salad  Pasta Salad	 Grain Salad  Pasta Salad
	 Chicken Tortilla Soup  Vegetable Lentil	 Loaded Baked Potato  Mexican Three Bean	 Chicken and Rice  Cheddar Broccoli	 Turkey Kluski  Hearty Vegetable	 Tomato Basil Bisque  New England Clam	Chef's Choice	Chef's Choice
	 Vegetarian	 Vegan	 Live Well	 Gluten Free	 Contains Shellfish		